



We are Celebrating Trees and YOU are Invited!

by Linda LeGrande and Jeremy Lam

Mālama Mānoa will be hosting another **1,000 Tree Giveaway on Sunday, April 6, 2014 at Mānoa Valley Park Pavilion from 8 AM to Noon.** Over a thousand fruit, shade and endemic trees and plants will be given away. Arborists and enthusiasts will be on hand to answer questions and give advice on the care and planting of trees.

This year varieties include our state tree the kukui nut as well as monkeypod, variegated three-colored hau, plumeria, kalo, papaya, mountain apple, coffee, banana, red & green ti leaf, panax, lau'a'e & kupukupu ferns, Hawaiian white hibiscus, avocado, false wiliwili, monstera, valentine vine, snow

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1,000 Tree Giveaway Committee chairs Maile Au, Jeremy Lam and Ahni Stephens promise an exciting giveaway.

Spring General Meeting: MELTING MĀNOA

Please join us in welcoming Karen Ah Mai on **March 26, 6 PM at the Mānoa Library.** Karen will present a slideshow on the role of Mānoa Stream Corridor in the Ala Wai Watershed, the erosion of Mānoa Valley and what we can do to improve current conditions.

Ms. Ah Mai is the Executive Director of the Ala Wai Watershed Association (www.alawai.org) and has been involved for years in working toward keeping our waterways clean



and safe. The Association's mission is "*E mālama kakou i ka wai mai uka a ke kai,*" which means "Let us all come together to care for the waters that flow from the mountains to the sea."

Every year thousands of tons of sediment slip off the mountains and are lost forever. Mānoa is melting. Find out what is happening on O'ahu in watershed stewardship and learn effective erosion control measures.

Join us at Mālama Mānoa's General Membership meeting on March 26, Kuhio Day for the presentation. Open to all. Parking will be available as the library will be closed to the public for the Kuhio Day holiday.

MISSION STATEMENT

Our Mission is to promote community; celebrate our cultural diversity and heritage; and preserve, protect and enhance the special qualities of historic Manoa Valley.

President's Corner

It all began in 1992. And, look where we are today. We have entered our 22nd year as a non-profit organization with over 3,200 members.



As the new President of Mālama Mānoa, it is with great pride that I acknowledge years of hard work

and many accomplishments for our organization by numerous past and present Executives, Board of Directors and Advisors. I look forward to working with the present Board and Advisors, who bring diverse credentials and talents to carry out our mission for Mānoa Valley.

This year brings us to our sixth annual 1,000 Tree Giveaway and our sixteenth year of Adopt-A-Stream with the City and County of Honolulu. We also begin preparations for our eleventh Kūpuna Luncheon in 2015 and our ever-popular, tenth Historic Mānoa Walk in 2016. All of these have been successful, long running events in our Mānoa community.

We also enjoy partnering with other Mānoa organizations that share our desire in preserving, protecting and enhancing our precious Mānoa Valley. We have built many rewarding relationships in our Mānoa community over the years, and we will continue to build them.

Through generous donations we have been able to continue with these events, publish a beautiful newsletter, create a friendly website, participate with our friends and neighbors in their individual events and give educational grants to other deserving organizations.

I know we all agree that Mānoa is a very special place not only because we live in a beautiful valley, but because of

its people, who give it a sense of place and promote the feelings of a caring community. This should prove to be another year where we can share our concerns, help our neighbors with their concerns, and be aware and good stewards of the concept of mālama 'āina.

Mahalo and Aloha,
Joyce Arizumi

1,000 Tree Giveaway

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bush, sea grape, coconut, areca palms, and many more. Our featured tree will be the purple orchid tree. Scouts from Troop One will be on hand again to help load trees into vehicles.

Mark your calendars and arrive early! Take positive action to improve our community and our planet. At the first tree giveaway in 2004, ten years ago, oil was \$50 a barrel; prices are now nudging \$95 a barrel. The little step of planting one tree goes a long way. You are sitting under the shade today because someone made the choice to plant or preserve a tree. Save our island. Plant a tree!

NOTICE

To update your contact information, receive paperless newsletter and email updates between newsletters, or to be removed from the Mālama Mānoa mailing list:

Please e-mail us at:
malamamanoa12@gmail.com
or leave a message at 988-6181.

MAHALO!

The Mālama Mānoa Newsletter is published two times per year.

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www.malamamanoa.org



New Board Positions 2014

Joyce Arizumi, President



Joyce joined the Mālama Mānoa board in 2011 and immediately took on the duties of corresponding secretary. She also served

as chair for the wonderfully successful Kūpuna Luncheon in October of 2012.

Joyce brings extensive business and organizational skills to her new position. She spent 15 years in the garment industry, and started her own company, Les Tropiques Resortwear. She has served on the boards of many organizations, including several fashion organizations plus Waipahu Independent Living, Inc., the Spinal Cord Group of Hawai'i and the Department of Health's Neurotrauma Advisory Board.

Joyce and her husband George built their home in Mānoa 33 years ago. When not serving the community Joyce loves being grandmother to 6 year old twins and also enjoys painting in oils and watercolors.

Eliza Lathrop, Vice-President



Eliza joined the Mālama Mānoa board in 2013 and quickly became an active member. A committed supporter of sustain-

ability and community initiatives, she joined other MM members to participate in April's Earth Month activities at the Mānoa Public Library and October's graveyard clean-up at Mānoa Valley Theatre.

Growing up in Mānoa, Eliza went to college on the mainland and returned home with her family in 2007. She is Academy English Teacher at Punahou School. An enthusiastic gardener, in 2009 she developed the position of Garden Resource Teacher, creating a garden curriculum for students throughout the campus. She also serves on the school's Sustainability Committee and coaches paddling. At home she tends to her own extensive garden and is also a bee-keeper.

Leslie Uptain, Board member



Leslie is originally from Alabama and first moved to Hawai'i over 15 years ago. She has worked for the Trust for Public Land

since May of 2012. As the State Director of Philanthropy for the Trust's Hawaiian Islands program, she is primarily responsible for steering the nonprofit's major gifts and fundraising efforts. Prior to this position, she worked for the Muscular Dystrophy Association for seven years both in Hawai'i and San Francisco.

Skills she brings to Mālama Mānoa are extensive experience in grant writing, non-profit event planning, and volunteer coordination. She was a docent at MM's Historic Mānoa Walk last spring, has volunteered for the 1,000 Tree Giveaway, and enjoys participating in MM's community cleanups. Leslie feels that Mānoa Valley is special place, and values our community's commitment to its stewardship. She is also an avid backyard gardener and student of yoga.

Mālama Mānoa Education Grants: Call for Applications

Are you working on a worthy community project? Do you support a non-profit organization, educational institution or community group that could use funding for a project aligned with the mission of Mālama Mānoa?

We invite you to apply for a Mālama Mānoa Education Grant. These grants fund initiatives that promote community, celebrate cultural diversity and heritage or preserve, protect and enhance the special qualities of Historic Mānoa

Valley. Mālama Mānoa has given education grants since 2000. Past recipients include Mānoa Public Library, for research and procurement of historic photographs; the UH Children's Center to develop curriculum and produce a children's book about Mānoa; Mānoa Elementary School to learn about native Hawaiian plants; and Lyon Arboretum to enhance their educational settings. The grants range from \$500 to \$2,000 and applications are due June 1, 2014. To request an application contact Robin Otagaki at 292-1746 or robinotagaki@yahoo.com

Cemetery Cleanup and Storytelling at Mānoa Valley Theatre

by Marion Lyman-Mersereau

Mānoa Cemetery was a very busy place last October 1, when over thirty people gathered to prune, trim, rake, cut, pile and generally tidy up the grounds. Mālama Mānoa reached out to Mānoa Valley Theatre for this event. Other volunteers included members of Mānoa Valley Church plus families of some of the kūpuna buried in the graveyard.

Under the able and tireless leadership of Robin Otagaki the cooperative work was accomplished, and volunteers were thanked with a hearty offering of food especially arranged by Diane Ito.

Following dinner the group was treated to storytelling in the theater. The program began with a historical slideshow and the disembodied voice, played by Danny Lyman, of the stage itself telling the history of the theater. This piece was written by theater historian and University of Hawai'i retiree Lowell Angell. Audience members learned how Mānoa Valley Chapel became the Hawai'i Performing Arts Company and later Mānoa Valley Theatre.

Next came a dialogue performed by Punahou teacher Haunani Abdul and Punahou senior Maya Jennings. They told wonderful stories which brought to life the old neighborhood surrounding the theater. Interesting characters from days gone by included Mary Ann Perry (Gonsalves), who hosted gala parties, and her macabre neighbor Grace Fortescue, of the infamous Massie affair.

Mahalo to Mānoa Valley Theatre for welcoming everyone to this event, and to everyone who helped. We continue to reach out to the community and look forward to seeing you at the next general membership meeting in March.



Descendants of the Alawa/Akiona 'Ohana, Leo Cullen IV, Ipo Cullen, Ramona Teves and Laticia Castellanos smile after hours of cleanup.

Editor's note: The Mālama Mānoa Board would like to thank Marion, the author of this article, for her work to make the storytelling a success. She recruited the actors, wrote the dialogue performed by Haunani Abdul and Maya Jennings, and served as Emcee for the evening. Mahalo Marion!

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Clean stream, muddy people

by George Arizumi

Mānoa residents along with groups from Youth With A Mission, UH and Punahou joined Mālama Mānoa members for another thorough cleaning of Mānoa Stream. Several bags of trash and bulky items were removed from the stream. Perhaps you saw the many bags on the bridge following the cleanup — a sure sign that this program is much needed.

The stream cleanup, which is part of Honolulu's City and County Adopt-a-Stream program, was held on November 16 to coincide with Make a Difference Day. The program has been going strong with several cleanups per year for sixteen years. Imagine what that stream would look like without all of the helping hands that remove the garbage.

Our first cleanup for 2014 is scheduled for **April 5 at 10AM-Noon** as part of the City and County's Earth Month project. Volunteers meet at the Woodlawn bridge. Join us to do your part to Mālama our valley and our planet Earth.

If you or your group is interested in participating please contact George Arizumi, 988-5059, or Jim Harwood, harwood.jim@hawaiiantel.net, for more information.



Stream Cleanup volunteers chase down litter in the stream and along the banks.



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Holidays in Mānoa: Christmas Parade 2013

All set to go! Mālama Mānoa elves gathered around Ms. Claus (aka Thalya DeMott) for a group photo before starting the parade.

Chief Elf Robin Otagaki drove the truck, with Ms. Claus comfortably sitting in back ready to wave at all the children.



Save a stamp and a tree: make your donation online with Paypal at www.malamamanoa.org

Wahi Pana o Mānoa – Waialele and Kamānele

by Kim Ku'ulei Birnie

Drifting to the eastern side of the valley, Mānoa stream flows through many storied places. From **Puahia**, where East-West Center sits, the stream-side strip just mauka is **Kauwala'a**. Slightly more mauka is **Hipawai**, site of Saint Francis School.

Meaning “to bundle water,” **Hipawai** is where the stream bends, sometimes backing up when full. Once the site of a sacrificial heiau, by 1843 it was destroyed, the area used as a graveyard. A remnant stone wall borders two Hipawai Street properties today.



Stone wall remnant of Hipawai heiau, facing north-northwest. Image retrieved from Cultural Surveys, 2008, <http://oeqc.doh.hawaii.gov>

West of **Kaulawa'a** is **Waialele**, named for the punawai, or freshwater spring, found on the grounds of Mid-Pacific Institute. Those waters are believed to originate from the heights of **Pu'u Kākea** under the stewardship of the *mo'o*, or water lizard, named **Kākea**. When petitioned by the children **Kauawa'ahila** and **Kauaki'owao**, who

were hiding from their mean step-mother behind Pu'u Pueo, **Kākea** diverted the waters of **Waialele** so that half flowed to **Kanawai** (perhaps **Kānewai**) and half flowed to **Ka-punahou** for the benefit of the children.

Another *mo'olelo* introduces the traveling deities **Kāne** and **Kanaloa**. **Kāne**

struck the ground with his *ko'oko'o*, walking stick, and water went flying—*wai lele!*—into the air. Kapu, forbidden, to women, the pond was filled with the fish 'awa and 'o'opu. Yellow dog was an appropriate offering from visitors. Nearby is a rock named **Kau'i-o-Mānoa**, called so by a resident ali'i who loved to surf.

Three of Diane Ito's
favorite words:
Welcome to Mānoa.



Diane O. Ito, Realtor, CRS, CHMS, SRES
Hawaii Business Magazine Top 100 Realtor 2010, 2011 & 2013



Phone: (808) 222-0978 • Email: diane@cbpacific.com

As you drive mauka on University Avenue above Maile Way, imagine fishponds between you and Mānoa stream. Stream-fed fishponds of the 1500s probably extended out to what is now the front gate of Mid-Pacific and **Kamānele Park**. In March 1915, Queen Lili'uokalani attended the park dedication in honor of chiefess **Mele Kamānele**—daughter of John Adams Kuakini, advisor to Kamehameha I—who often visited her aunt **Ka'ahumanu** in **Mānoa Valley**.

Urban Farmer – Vote with your Food Choices

by Eliza Lathrop

Journalist Michael Pollan notes we vote three times a day with our fork for the kind of food system we want. Even if you aren't growing your own there are many opportunities here in Hawai'i to support a more sustainable agricultural system. One is choosing locally grown food over imported options.

Why shop local? On average produce travels 1,500 miles from farm to the American plate (www.openharvest.org). Here in Hawai'i that number is probably much higher, but can be dramatically smaller. With our year-round growing season, eating locally is easier than you think, and goes far beyond the Mānoa lettuce, local tomatoes and the apple bananas every local knows far outshine their imported cousins. Consider these two easy, but important, swaps to make with dairy and meat.

According to the Honolulu Star-Advertiser, mainland milk "can be between 25 to 30 days old by the time it reaches its shelf expiration date." Fortunately for us, Big Island-based Island Dairy began supplying milk to Kaua'i, Maui and O'ahu in 2009. You can buy this local milk at Foodland and Whole Foods to support the redevelopment of local dairies in our state.

Although it can be hard to find local chicken or pork it is out there; however, a tremendous local beef supply is

here on Oahu. Additionally, Hawai'i Ranchers, a cooperative association of independent livestock producers,

Why shop local? On average produce travels 1,500 miles from farm to the American plate (www.openharvest.org). Here in Hawai'i that number is probably much higher, but can be dramatically smaller.

easily accessible. Not only do we have excellent grass-fed beef available from Big Island and Maui, but our own North Shore Cattle Company and Kualoa Ranch are providing excellent beef right

is helping to make local beef a choice more and more easily accessible.

With so many resources, making the local choice gets easier and easier.



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Don't miss these upcoming events!

Melting Mānoa Presentation

- Wednesday, March 26, 6:00 - 8:00 PM
- Mānoa Public Library

Mānoa Stream Cleanup

- Saturday, April 5, 10:00 AM - Noon
- Woodlawn Bridge

1,000 Tree Giveaway

- Sunday, April 6, 8:00 AM - Noon
- Mānoa District Park Pavillion

Mālama Mānoa Officers

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Vice President – Eliza Lathrop
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COMMUNITY CALENDAR

For an updated calendar of community events, visit our website at www.malamamanoa.org. Mālama Mānoa Board meetings are held on the second Wednesday of the month, and the public is welcome.

Most meetings are held at the Manoa Innovation Center.
Leave a message at 988-6181 to confirm date, time and location.

The Mānoa Neighborhood Board No. 7 usually meets on the first Wednesday of the month at Noelani Elementary School. To confirm, please contact K. Russell Ho at the Neighborhood Commission Office, kho4@honolulu.gov or 768-3715.

March 26, Wednesday, 6:00-8:00 PM
– Mālama Mānoa General Membership Meeting, Presentation by Karen Ah Mai: Melting Mānoa, Mānoa Public Library

April 5, Saturday, 10:00 AM-Noon
– Stream Cleanup, Meet at Woodlawn Bridge

April 6, Sunday, 8:00AM-Noon –
1,000 Tree Giveaway, Manoa Valley Park Pavillion

April 9, Wednesday, 6:00-8:00 PM –
Mālama Mānoa Board Meeting, Mānoa Innovation Center, Presentation Room

May 14, Wednesday, 6:00-8:00 PM –
Mālama Mānoa Board Meeting, Mānoa Innovation Center, Presentation Room

June 1, Sunday – Deadline for Education Grant Submission, Contact robinotagaki@yahoo.com for application

June 11, Wednesday, 6:00-8:00 PM –
Mālama Mānoa Board Meeting, Mānoa Innovation Center, Presentation Room

July 9, Wednesday, 6:00-8:00 PM –
Mālama Mānoa Board Meeting
(Please confirm date and location)

August 13, Wednesday, 6:00-8:00 PM –
Mālama Mānoa Board Meeting
(Please confirm date and location)

September 10, Wednesday, 6:00-8:00 PM –
Mālama Mānoa Board Meeting
(Please confirm date and location)