

President's Corner

We all love this valley for different reasons. Perhaps it is the colors in the evening on our beloved Wa'ahila Ridge, maybe it is the aloha that comes from a neighbor or neighborhood business, perhaps a special tree or house that we



Eliza Lathrop

special character of this place we call our home.

To celebrate our 25th year of service to our valley, Mālama Mānoa wants to see this place through your eyes. Literally.

see each day. There are so many subjects and textures that make our valley beautiful, that

shape the

To celebrate the people, places, and events that make our valley such a special place, Mālama Mānoa is inviting our members and valley residents to capture the images that make this valley special to you.

To celebrate our 25th year of service to our valley, Mālama Mānoa wants to see this place through your eyes. Literally.

We will be celebrating the winning images at our fall General Membership Meeting; submissions must be received by September 1st to qualify. Details about the contest and categories are on our website, and we hope many of you will participate in the creation and celebration of the images that capture our valley best.

In the meantime, we hope you will join us as we continue to explore reaching out to our members in new ways, looking to include the many members of our diverse population. So if you just moved here (or know someone who has), if you want

to spend more time exploring the special people and places in your neighborhood, or want to join the special community of people who mālama all the elements that make this place wonderful, join us!

Come on a walk with board member Tai Crouch, let us know that you would like to volunteer at an event, join us at our Spring General Membership Meeting Picnic, or visit us on-line; we now have a Facebook and Instagram account as well as our website to keep us connected. We hope you will stay in touch!

Much aloha,
Eliza Lathrop

Get in touch!

To access a paperless newsletter, learn about updates between newsletters, update your contact information, be removed from our mailing list, inquire about volunteering, or let us know your thoughts on our activities and projects (whew!):

Please email us at: malamamanoa12@gmail.com, or leave a message at 988-6181.

MAHALO!

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www.malamamanoa.org

Wahi Pana 'O Mānoa by Kim Ku'ulei Birnie

Sacred Rocks of Mānoa

It's hard to miss **Pōhakuloa**, large upright stone, at the entry of Punahou School, every day as you drive into the valley. There are numerous stories about its movements throughout the past 200 years, but it is generally agreed that in ancient times the pōhaku was revered by women who wished for their children wisdom and strength.

In the middle of the valley near the spring called Wailele is a large pōhaku named for the legendary beauty, **Ka-u'i-o-Mānoa**. She married Pawa'a, chief of Mānoa valley, where they had homes in Kahaloa and Kaho'iwai.

Kūka'ō'ō, built by ancient menehune, is the last intact heiau in the ahupua'a. It provided safe haven for the twins Kauawaahila and Kauaki'owao from

their mean step-mother, and was later dedicated to agriculture. Hundreds of awed schoolchildren visit this site each year.

Hipawai was a large heiau near where Saint Francis School is. It was originally a sacrificial heiau, then repurposed as a cemetery. Today, remnants are built into a residential boundary wall.

There's a memorial rock along the stream along Waiākeakua Stream with a plaque that reads, **Gladstone Wright Killed May 14 1891**, a tribute to an 11-year-old boy who hiked with his Sunday school one morning when a 7-pound rock fell on his head and killed him. His parents left Hawai'i shortly thereafter, but the memorial remains today.

The **Lin Yee Chung** (Manoa Chinese) **Cemetery** has headstones made of stone that sit upright in rows facing the ocean, in the tradition of Chinese cemeteries. It is these classic features, combined with the annual Ching Ming ceremonies, that earned the graveyard its designation as a historic site.

The district of **Ka'aipū** takes its name from a 4-foot long pōhaku with two mouths. Believed to be female in essence, some refer to the pōhaku as an akua loa wahine or "supernatural woman."

And then there's **Pu'u-o-Mānoa**, a storied place, especially for thousands of students who have called it **Rocky Hill**.

Indeed, our Mānoa has sacred rocks.

Apply for an Education Grant from Mālama Mānoa by Leslie Uptain

Deadline: October 1, 2017

Do you know of a worthy community project that would benefit from funding? Mālama Mānoa supports non-profit organizations, educational institutions and community groups through our educational grant program.

If your project aligns with the mission of Mālama Mānoa, we welcome your application. Submit a proposal describing how the funds will be used to increase knowledge about Mānoa, enhance its built or natural environment, and/or educate or celebrate our diverse residents.

Since the year 2000, we have given awards for viable and worthy projects including Mānoa Valley Theatre's Community Outreach Program, Lyon Arboretum's 'ulu garden, Scout Troop 33 Eagle Scout projects, Mānoa Elementary School's development of a sustainability garden, and more. We look forward to hearing about your project! Awards range from \$500 to \$2000. Deadline is October 1, 2017. To obtain an application or for more information please contact Leslie Uptain at luptain@yahoo.com



Mālama Mānoa helped support the Ohia Legacy Initiative

New Board Member Bios

Gail Baron was born in San Diego, California into a Navy family. So she has traveled far and wide, and luckily for us, ended up here in Hawai'i in 1979. She attended five grammar



schools, four high schools, four colleges/universities (including a BA in Sociology at U.H.) and two graduate schools (earning her Masters in City Planning from Harvard University in 1973). Gail has had three adult careers: one in City Planning, a second in Commercial Real

Estate and, since 1990, as the Co-owner of Nohea Gallery with her daughter. Gail, like Tai, shares a love of sailing and sailboat racing, but her current interests are a little quieter: watching Mānoa sunsets from the dog park, gardening, and cooking. She notes that she has "finally slowed down a little and is trying to stop and smell the ginger." We are happy to be part of her life's adventure.



Pat Chung has enjoyed living in Mānoa for 33 great years along with her husband Eddie, taking care of their historic house recently featured in Mālama Mānoa's Historic Walking Tour. Pat has previously served on the Mālama Mānoa board and served as president for 2 years. She is a graduate of

McKinley H.S. and the University of Hawai'i. After teaching social studies for 10 years, Pat embarked on a career in real estate that lasted over 30 years, retiring as owner of Mānoa Realty. She is an avid urban farmer, keeping chickens, fermenting kim-chee, and tending her garden, and helps each year when Mālama Mānoa partners with Mānoa Public Library for their "Green Saturday Urban Farmer" event. Pat has 3 children and 6 grandsons. The anxiously awaited granddaughter is due in April! We are honored that she joins the board once again to lend us her expertise and experience!

Tai Crouch learned to sail at Kaneohe Yacht Club and continues to sail to this day. He sailed to Tahiti and back the summers of '72 and '73 and became a member of the PVS in 1974, acting as a crew member for the '85, '99 voyages. Tai



has taught at Punahou for 36 years, teaching primarily in the Social Studies Department, but dabbling in Earth Science for a spell as well. He retires this June after a long career that has touched many. Tai graduated from UH in Hawaiian Studies/Anthropology and is quite a linguist, having studied Hawaiian, German, Spanish, French, Italian, Chinese, and Japanese. He has traveled extensively and plans to see even more of the world, but in the meantime he pursues his hobbies of farming, wood and bone carving, writing poetry, drawing and painting. We are so fortunate to have him join us on the board.

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Thalya De Mott bought a one-way ticket to Hawai'i many years ago to attend college, and fell in love with the islands at first sight...literally, from the aircraft. Although Thalya's academic interest was in English language, her career focus has been with the natural health industry and she can usually be



found loitering in health stores and reading labels. Thalya moved to Mānoa Valley from Kaimukī twenty years ago, and deeply appreciates Mānoa's sense of community, as well as the convenience of never having to water the yard. Thalya began as a volunteer with Mālama Mānoa in 1998, joined the board of directors in 1999 and served as Recording Secretary until 2004. She remains active in Mālama Mānoa events and activities, including many years disguising herself as Mrs. Claus in palaka mu'ū mu'ū for Mālama Mānoa's Christmas parade float.



When she was a baby, **Meg Lin's** family moved from Connecticut to Kamuela, where her dad ran the horse riding program at Hawaii Prep Academy. She later attended Cal Poly and UH School of Nursing and went to work at Kapi'olani Hospital and then at Queen's, primarily in labor and delivery. Retiring from Queen's in

2009, she is now a part-time nurse at Punahou School and also assists in her husband's medical practice. In 1993, she and her husband Steve built their home in Mānoa, raising their three children and an extensive garden of vegetables and native plants. Their love for our valley extends well beyond their yard; the Lins were instrumental in the effort to redesign and relocate Mānoa's new gym so that green space would be preserved and the gym would serve Mānoa Gardens, Mānoa School, and the community. Meg is a true gift to the valley.



Stream Clean-up for Earth Month

Mālama Mānoa, in conjunction with the City & County of Honolulu, will be celebrating Earth Month with a stream clean-up on Saturday, April 8th. Volunteers are asked to meet at the Woodlawn Drive Bridge across from Mānoa Longs by 10:00 a.m. The clean-up should end around noon. Covered shoes are required. For more information or questions, contact George Arizumi @ 988-5069.



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Sundays: Sunday School 8:30 am
Worship Service 10 am

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www.manoavalleychurch.org



Left to right: Ernest Lau (BWS), Nicholas & Pauline Navales (Kumuola Fndn), Helen Nakano (MM event Chair), Tai Crouch (MM), Eliza Lathrop (MM President) and Barry Usagawa (BWS).

Water Stewards of Mānoa

Mālama Mānoa was privileged to host several distinguished speakers at our Fall Annual General Membership Meeting on November 22 at Mānoa Valley Theater (MVT).

Kumu Tai Crouch set the stage with a pule (prayer) resonating in the darkened theatre. Talking about Kānawai Kāhiko (or “Water Laws”), he said “Wai” was life. So precious was water that death was punishment for those who violated the rules set by the konohiki (manager) who determined when and how water would be shared.

Pauline & Nicholas Navales of Kumuola Foundation sang, chanted and talked about the work they are doing to restore the watershed at the back of Mānoa Valley. They are working on land leased from the Honolulu Board of Water Supply (BWS), introducing students to Hawaiian culture, propagating and planting indigenous and endemic plants and animals, removing invasive species (including bamboo and more than 200 Albizia trees), and facilitating community volunteer activ-

ities that connect participants to our precious environment. They welcome volunteers: <https://www.kumuolahawaii.com/>

Chief Engineer Ernest Lau and Program Administrator Barry Usagawa of the BWS provided a summary of the agency’s 2016 Water Master Plan (WMP), developed over a 3-year rigorous process. One of Mālama Mānoa’s Advisors, Helen Nakano, participated in a Stakeholder Advisory Council to guide the WMP’s development. The WMP is a comprehensive program that looks ahead 30 years to evaluate the entire water system. Watershed management is an essential part of our water security, and the BWS is a leader in establishing watershed partnerships.

The event included a drawing for a 55-gallon water barrel, exhibits by Kumuola Foundation on native plants, and refreshments. Thanks to our presenters for such an inspirational evening, and to MVT and Sara Ward, MVT’s Administrative Manager & House Manager, for all her assistance in holding the event at their beautiful facility.

History of Mānoa Walking Tour Series with Tai Crouch

April 8, 2 p.m. – Lyon Arboretum: We will explore the Hawaiian garden and learn the uses of a variety of native plants in the arboretum, and the legend of Kahalaopuna.

May 13, 2 p.m. – Pu’u Mānoa: Join us for a short walk around the edge of the crater, exploring the geology of the pu’u and culminating at the Punahou School nursery. This will include the legends of Kapo’i and Ku-kaua-kahi and the O’ahu Eight.

June 24, 2 p.m. – Punahou School: Stroll through this beautiful campus while learning about the history of the

school. Hear the legend of the stone in front of the school and other stories. Our walk will end at the spring.

July 8, 2 p.m. – Mānoa Park: We’ll walk and talk about our fascinating valley! Learn more about Mānoa’s geology, cultural history, including the legend of Kahalaopuna, and more recent history.

There will be a 4-person minimum. Contact Tai at tcrouch@punahou.edu or text at 285-6556 to learn about the meeting location for each walk. Each of these walks will last for about 2 hours. Please bring water, sturdy footwear, and sun protection.

Community Events at Mānoa Library

by Christel Collins

We hope you are encouraged to participate in these upcoming events in celebration of the continuing partnership between Mānoa Library and Mālama Mānoa. Join many dedicated members of our community in a variety of activities. We look forward to seeing you there!

Celebrate Earth Day at Mānoa Public Library April 22, 2017 (Saturday) 10 am - noon.

The popular Native Plant Giveaway continues this year, courtesy of the Friends of Mānoa Library and Greenspace Hawaii. A limited number of endemic, indigenous, and canoe plants will be available, including Ko, Ilima, Carex, and Kupukupu. Loulu Palm keiki from the library's garden will also be available.

Mālama Mānoa members Eliza Lathrop, Pat Chung, and Meg Lin will bring laying hens, goats, honeycombs, and composters for the always-fascinating demonstration of urban farming on the library lanai. As children pet the animals and taste honey, adults obtain practical ideas and information about backyard farming.

An O'ahu Invasive Species Committee (OISC) display will feature a "Wheel of Misfortune" game along with a "Stamp out Invasive Species" activity. OISC will also give away Little Fire Ant Testing Kits and other educational freebies.

This event marks the fifth year the library has celebrated Earth Month with a 'Green Saturday' event. Come join your neighbors on Earth Day 2017 and celebrate our amazing eco-system.

Hear Noted Feng Shui Author April 19, 2017 (Wednesday) 6:00 -7:00 pm



Best-selling author Clear Englebert will present "Bedroom Feng Shui," a free informational program based on his newest book.

This one-hour program is suitable for ages 18 and older and will include a question-and-answer session. Copies of Englebert's books will be available for sale after the program with 30% of proceeds going to Friends of Mānoa Library.



The Urban Farming demonstration gets a lot of attention at the Library's 2016 Earth Day event.



The Library displayed a variety of books on Urban farming at last year's event.

MANOA LAUNDRY

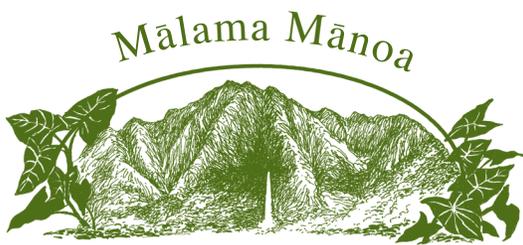
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Merchandise Questions?

Did you see the lovely Mālama Mānoa tote bags, hats and shirts at our last event? Wear your Mānoa fashion with pride! Call or email to check on stock. All funds directly support Mālama Mānoa community activities. Malamamanoa12@gmail.com or 988-6181

Mālama Mānoa Officers

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Vice President – Leslie Uptain
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Linda Legrande	

Don’t miss these upcoming events!

Stream Cleanup

- Saturday, April 8, 10 a.m. to 12 noon
- Woodlawn Drive Bridge across from Longs Drugs

Celebrate Earth Day at Mānoa Public Library

- Saturday, April 22, 10 a.m. - 12 noon
- Plant Giveaway and Urban Farming
- Manoa Public Library, 2716 Woodlawn Drive

Spring General Membership Meeting

- Sunday, May 21, 2-4 p.m.
- Community Picnic with Blue Zones Project®
- Noelani School, 2655 Woodlawn Drive

Community Calendar

Mālama Mānoa Board meetings are held on the second Wednesday of the month, and the public is welcome. Most meetings are held at Mānoa Valley Church, 2728 Huapala St., Multipurpose Room on the second floor. Call or leave a message at 988-6181 to confirm location.

The Mānoa Neighborhood Board No. 7 usually meets on the first Wednesday of the month at Noelani Elementary School, 7 PM. To confirm, please contact K. Russell Ho at the Neighborhood Commission Office, kho4@honolulu.gov or 768-3715.